The **Apuseni mountains** lie largely between the Crişul Repede and the Arieş valleys, enabling easy access by public transport. The DN75 follows the Arieş west from **Turda** to Bihor county via Câmpeni, where the DN74 turns south to Alba, Brad and Deva. Câmpeni is the capital of the **Moţi highlanders**, who repelled the Roman invaders, then moved into the hills in the eighteenth century when the Habsburgs attempted to conscript them into the army; their settlements are some of the highest in Romania, scattered groups of high-roofed, thatched cottages at up to 1400m.

Despite opposition from the forestry and other industries – although the uranium and gold mines are now closed – the **[Apuseni Nature Park](http://parcapuseni.ro" \t "_blank)** was established in 2004, alongside the revival of an excellent network of hiking trails. The Cluj-based Johan’s Green Mountain tour operator organizes a range of activities (hiking, cycling, kayaking and horseriding) mainly in the Apuseni mountains; they can also provide information and arrange homestays throughout the Apuseni.